

Family Support Service



FREE SUPPORT

Age 16 - 55

**NEET (Not in Education, Employment or Training)
Living in Gosport, Fareham and Havant**

Motiv8 Navigators Programme

We recognise that each person is an individual so we will create a package of support based on your needs and circumstances.

We provide personalised 1:1 support through a dedicated mentor who will help guide you through your journey into Education, Employment or Training.

Some of support we can provide:

- Improving confidence & self-esteem
- CV writing
- Gaining CSCS card
- Interviewing skills
- Job searching
- Volunteering/work taster sessions
- Emotional health & wellbeing
- ... and much more!

We will work with you to explore options, building on your strengths and offering support in areas you might feel less confident.

**Interested?
call us on
01329 824684**



www.motiv8south.org.uk

