

Peer Mentoring Service

What happens at the Motiv8 peer mentoring groups?

The groups provide a safe space for young people to meet. You will be invited to attend. A Motiv8 worker will either give you a call or visit you at your home to tell you more about the group before you start. It is completely voluntary so it is up to you if you want to attend or not.

There are two age groups, senior and junior. You can attend your age group session in Paulsgrove or Southsea, or if you want, you can come along to both locations.

It doesn't matter if you miss a group one month, you are still welcome the next month.

The groups provide an opportunity to meet other young people, many of whom might be experiencing the same or similar situations to you. There will be some fun activities, the chance to speak to a Motiv8 worker for a 1-2-1 conversation, and the opportunity to discuss and share experiences with other young people. You will also have a really big say in what happens in the group for the next month.

Junior session 4pm - 5.30pm age 11 - 13

Senior session 5.45pm - 7.15pm age 14 - 19

South sessions at
Spithead Resource Centre
Montgomerie Road, Southsea PO5 1EB

North sessions at
Paulsgrove Community Centre
Marsden Road, Portsmouth PO6 4JB

Every 1st Tuesday of the month
7 February, 7 March, 4 April, 2 May, 6 June,
4 July, 1 August, 5 September, 3 October,
7 November, 5 December, 2 January

Every 3rd Wednesday of the month
15 February, 15 March, 19 April, 17 May, 21 June,
19 July, 16 August, 20 September, 18 October,
15 November, 20 December, 17 January

For more info:

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