

# Annual Review 2016/17

and our plans for the future



[www.motiv8south.org.uk](http://www.motiv8south.org.uk)

# Partner with us

It has been a busy year for Motiv8. As external circumstances become more challenging, we have responded proactively and strategically so that we take control of our future rather than allowing ourselves to be overtaken by events. Funding is becoming more difficult than we have ever known but we continue to make the case for what we do, and for the effectiveness of our services for some of the most vulnerable groups in society. This year we welcomed new trustees, Cmdr Julian Titmuss and Valerie Hopkins, and our first president, Lady Louisa Portal, who all bring valuable experience and knowledge.

I want to take this opportunity to thank fellow trustees and staff who work tirelessly in support of young people. I firmly believe that our continued success will be as a result of working together to achieve shared goals, and I also believe that Motiv8 is a fantastic example of partnership in action.

We continue to face many challenges, but that requires us to step up and do what we do well and focus on what matters: providing life chances for young people and families.

[Professor Mark Button](#)  
[Chair, Motiv8 Trustees](#)



Our first President, Lady Louisa, meets staff



Lady Louisa Portal MBE DL  
Motiv8 President



All in all, an exceptional period. There have been unusual times like the three-week period when we met royalty on four separate occasions including the [Duke of Edinburgh Award golden jubilee celebrations](#). We opened our third cycle hub, at HM Naval Base, and launched the Bike Maintenance Academy in partnership with Highbury College.

In partnership with Hampshire Constabulary, we delivered successful crime prevention schemes. We've worked in partnership with more schools and colleges than ever before, offering alternative provision, one to one targeted support and emotional wellbeing services. With partners, Barnardo's & Home Start, we've innovated to help reunify families. Transform, our consortia, achieved national attention for turning around the lives of hundreds of families across Hampshire.

[Charlie Adie](#)  
[Chief Executive](#)



Motiv8 exists to improve the life chances of young people and families.

We do this to reduce offending, anti-social behaviour and the risk of disengagement from learning or employment



“ In partnership, we can deliver life chances for young people and families. Please join us, I can promise you will make a difference. ”



# achievements and performance

- Worked with over **3,500** young people
- Provided a dedicated emotional wellbeing service to **197** young people
- **90** young people gaining accredited qualifications through Motiv8 schools programmes
- **208** people were involved in providing life chances, including **67** volunteers & **37** student placements
- Worked in partnership with **18** schools & colleges
- **10** schools were supported delivering Duke of Edinburgh Award Scheme
- Supported **220** families who between them have over **600** children through Transform and Motiv8's community-based teams
- Deliver **18** youth clubs every week from **12** different community settings

[Divert is Motiv8's crime prevention partnership with Hampshire police](#)



“Based on observations and discussions with teachers and parents, it is clear [Divert](#) has had a positive impact on the young people involved in the programmes, especially in their attitude, behaviour and outlook on life. In addition, parents feel empowered to discipline and set boundaries for their children based on skills which they unexpectedly acquired through to young people wishing to volunteer for Motiv8.”

Performance & Policy Team  
Hampshire Police & Crime Commissioner



“I've seen a huge change in the young people.”

Teacher of young people on a Divert programme



## community

1-1 targeted support for young people  
Targeted Hubs/Group work  
Family support: targeted & intensive  
Brief interventions: Break for change, TRAP  
Thematic delivery: Prevent, [Music](#)  
Wellbeing Hubs  
Open access delivery



## our focus

### education

Steps - Key Stage 3 & 4 group work  
1-1 targeted support in school/college  
Emotional Wellbeing (Listening Ear)  
Post 16 provision  
Key Stage 2 group work  
[Bicycle Recycling Maintenance Academy](#)



### employment

Information, Advice & Guidance  
Work Experience/Student Placements (Motiv8 & Bicycle Recycling)  
[Bicycle Recycling Traineeships](#)  
[Bicycle Recycling Apprentices](#)  
Family support helping adults into work

# community

## Suzy's Story

Suzy, age 16, was referred to the Motiv8 Re-Engage programme because of concern about her emotional wellbeing. Suzy was the victim of regular bullying at school and she had become increasingly isolated and found it hard to engage face to face with others. Through regular weekly contact with her Motiv8 worker, Suzy was supported to build her confidence and develop strategies to help her feel less anxious. Now, she is coming to the end of her support and attends college, to retake some GCSEs, and has even found a part time job.

**"Motiv8 has helped me finally feel a bit better. I now put my hand up and get involved in class discussions which is something that I would never usually do. Having someone to speak to and get me out of the house has been really good."**

Suzy, age 16



**"Motiv8 helped me to express myself and now I'm meeting new friends. I work in a hotel and earn good money. I want to thank everyone as I've changed and I'm a better person. I recommend Motiv8 to anyone who needs help."**

Sam, age 16



# education

Motiv8's STEPs schools programme not only helped Pete to achieve a Level 1 accreditation but also helped him get a job. Pete was given both one to one support and group work opportunities through STEPS. One of the modules focused on creating a CV, completing application forms and applying for vacancies. In this way Pete worked on his social, emotional and physical barriers as well as having practical help to achieve his goals. His drug and alcohol consumption was also addressed. Now Pete now has a better relationship with his family and is employed full time in Portsmouth.



**"I am really chuffed with my work and it's great having cash to spend."**

Pete, age 16

**"Thanks for all your help. It's been a blast over the past year that I've known you. I've had my ups and downs but you and my family have been there to help me."**

Dan, age 13, supported by Motiv8's Family Support Service

# employment

Through attending the Portsmouth Positive Activities football sessions, Kyle has found a job he loves. Kyle left school over a year ago but remained NEET (Not in Education, Employment or Training). Being a naturally talented footballer Kyle soon joined the Motiv8 team. At first, as the team struggled, Kyle often would give up easily, moan at his team mates and get involved in petty squabbles. With support, over time, Kyle grew in confidence and became more positive, supporting his team mates and showing greater respect to the opposition and match officials. Around the same time, Motiv8 were approached by Portsmouth Sail Training Trust (PSTT) who were looking to fill a training vacancy. Kyle was offered some volunteering and training with PSTT. He helped build a rowing boat with local school children at Boat House Number 4. He also supported the PSTT sailing trips. Kyle's commitment was recognised and PSTT introduced him to other organisations and he has had job offers as a result. Kyle now has regular work at the dry stack at Portchester, as well as additional work with Team Charisma, an international yacht racing team, and he went to Portugal in September to support them. Kyle never forgets to turn up for football though!



Three graduates of our first Bike Maintenance Academy.



Portsmouth Duke of Edinburgh's Award Open Centre Group setting off on their Silver Award expedition.



**“Motiv8 never turned me away and my support worker, Carl, was always there to talk to when I didn't have anyone else to talk to. I had help with my CV and sorting out college. They set me up for life really. They're very supportive and always there.”**

**[Nathan, age 17](#)**



**RE-ENGAGE**  
Our Targeted Support project in Havant and Waterlooville

**“With an emphasis on an apparent perfect life that is promoted through the media, young people can begin to doubt their own role and abilities. The structured support you [Motiv8] have provided has enabled them to develop appropriate skills to manage a variety of situations better than they would have previously done.”**

**Pam Bacon, BBC Children In Need Regional Officer, South West**



**“Motiv8 help me achieve my goal. I highly recommend the support they offer to young people. Thanks very much, Motiv8.”**

**[Katie, age 21](#)**

# Future plans and priorities

## Strategic Objectives

- 1 Be child, young person and family focused in all we do
- 2 Deliver life chances that lead to positive outcomes
- 3 Have a skilled, healthy and flexible workforce
- 4 Be sustainable
- 5 Be a partner of choice



Marley and Grace share their experience of Motiv8's Duke of Edinburgh Award Scheme with HRH the Earl of Wessex at Admiralty House, Portsmouth.



## for 2017 and beyond



Playing for Motiv8, Nigel won an award for Sportsmanship at a football competition against teams from Arsenal and Brighton.



Partnership brings qualifications for Gosport & Fareham young people

“The project was designed to engage NEETs [Not in Education, Employment or Training], support successful completion of a Level 1 qualification and secure positive progression pathways. I am pleased that these have been achieved and present good value for money. I would like to extend my thanks to the Motiv8 team for their hard work on this project.”

**Andy Grant, Assistant Principal  
St Vincent's College Gosport**

## Action Plan

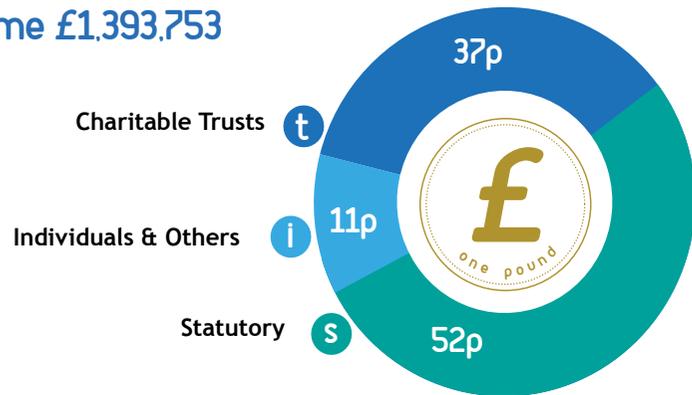
- 1 Increase Traded 1-1 support
- 2 Develop Steps schools programmes (Key Stages 3 & 4) from multiple venues
- 3 Secure family work across Motiv8
- 4 Increase private income
- 5 Identify Motiv8 venues in Portsmouth & Havant



# Finances 2016

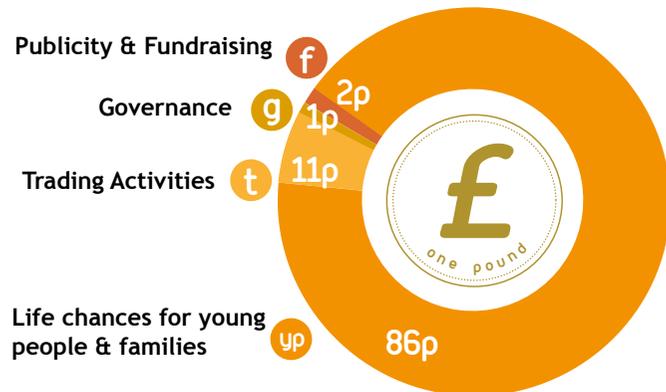
Where the money came from

Income **£1,393,753**



How the money was spent

Expenditure **£1,382,066**



We are so very grateful for the support of all the organisations and individuals who have enabled Motiv8 to deliver high quality services for young people and families in 2016 which have led to transformed lives and positive outcomes.

“We very much look forward to your support in 2017 and beyond!”  
**Martin Wood**  
 Finance Director

Financial summary of our statutory accounts to 31 March 2016.  
 Full accounts published at [www.charity-commission.gov.uk](http://www.charity-commission.gov.uk)

## See yourself here?

“We are very pleased to have been able to support the wonderful and important work that Motiv8 does in improving the life chances of young people.”

Stuart Lawrance, Director  
 Compass Accountants



Sarah, Motiv8 support worker, ran a half marathon.



Naomi and Nicola, Family Support Service workers, did a parachute jump



Helen, Motiv8 administrator, bakes cakes

# I want to partner with Motiv8 to transform the lives of young people & families

Mr/Mrs/Miss/Ms/Other First name

Surname

Address

Postcode

Telephone

Mobile

Email

please tick

[YES, I would like to receive e-newsletters to keep me updated on future events & activities](#)

please tick

[YES, I would like to know more about volunteering](#)

please tick

[YES, I would like to make a donation](#)

or go to [www.motiv8south.org.uk](http://www.motiv8south.org.uk)



life chances for young people

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Portsmouth PO1 3HL  
T 023 9283 2727  
F 023 9217 8486

Motiv8 Gosport & Fareham  
unit 29 Toronto Place  
Gosport PO12 4UZ  
T 023 9252 5026

Motiv8 Havant  
The Hub, Greywell Precinct  
Leigh Park, Havant PO9 5AA  
T 023 9247 0484

Motiv8 Family Support Service  
Fareham Civic Offices, Civic Way  
Fareham PO16 7AZ  
T 01329 824684

[info@motiv8south.org.uk](mailto:info@motiv8south.org.uk)  
[www.motiv8south.org.uk](http://www.motiv8south.org.uk)



Bicycle Recycling Gosport  
Unit 2, Bus Station  
South Street  
Gosport PO12 1EP  
T 023 9260 1441

Community Cycle Hub  
Winston Churchill Avenue  
Portsmouth PO1 2GF  
T 023 9281 4967

Naval Base Cycle Hub  
Neptune Bldg, HM Naval Base  
Portsmouth PO1 4QT  
T 023 9272 0713

[contact@bicyclerecycling.co.uk](mailto:contact@bicyclerecycling.co.uk)  
[www.bicyclerecycling.co.uk](http://www.bicyclerecycling.co.uk)

[www.motiv8south.org.uk](http://www.motiv8south.org.uk)

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life chances for young people

Things we are proud of

