

Royal visits by Duchess of Cambridge and Earl of Wessex

Two royal visits in as many months has meant a very exciting time for many Motiv8 Portsmouth young people.

Young people get Royal review of Motiv8's annual review

In May, a group of young people met HRH Duchess of Cambridge when she came to Ben Ainslie Racing at the Camber Dock, Portsmouth to support an initiative to get young people from diverse backgrounds to take up sailing. The young people had met the Duchess last summer and were keen to see her again, and to meet Sir Ben Ainslie. One young person asked if the Duchess ever looked after the corgis for the Queen! The Duchess took time to listen and chat to the group as they showed her the photographs taken last year with her and Prince William, featured in Motiv8's 2015 annual review.



Duke of Edinburgh Award Diamond Jubilee events

In April, a group of Duke of Edinburgh (DofE) award young people met HRH the Earl of Wessex at a reception at Admiralty House. The following day the Earl visited the Portsmouth Community Cycle Hub (Motiv8's social enterprise) where he graciously accepted the challenge to change an inner tube against the clock. Jodie is taking her Silver DofE award and helped the prince: "I was shaking throughout. I didn't expect him to get involved but he was friendly. It was a great experience though." Wearing a Community Cycle Hub apron over his suit, the Earl took just over two minutes to replace the inner tube. Motiv8 Portsmouth has been delivering the DofE scheme on behalf of the city council for the past two years. The Earl's visit to Portsmouth was part of the DofE Diamond Jubilee celebrations.



Meeting the Earl of Wessex at a DofE reception Admiralty House Portsmouth Naval Base



With the Bishop of Winchester at a DofE service of celebration at Winchester Cathedral



Motiv8's Sophie and Charlie at the palace to collect our DofE plaque



Besides DofE, Motiv8 Portsmouth offers intensive support, youth hub sessions and a weekly Open Access group which recently took part in laser clay pigeon shooting and fishing in partnership with SEHCO.

Motiv8 in partnership with



Transform has co-delivered The Nurturing



Programme, designed by Family Links, for parents and carers in Gosport to provide them with the understanding, skills and ability to lead emotionally healthy lives, build resilience, empathy, self-esteem and support positive relationships. Some of the learning from families included: "Parenting may be a hard job but I am not alone."
"I learnt more about myself and my children, being empathic, and I have more self-esteem."
"I'm happy that I have made new friends."
"I've got new ideas. I understand how your own childhood comes into how you deal with your child."

Gosport extension nears completion



We are nearly there and should be moving into our new extension at the end of July. Thank you to everyone who has donated so far. Especial thanks go to Ron Eckersley of Gosport Rotary Club (above) who chose Motiv8 Gosport as beneficiaries of his president's charity. Rotary's donation will ensure that the flooring and shutters and other finishing touches are completed. So far we have received donations of £7,337.21 from our BUY A BRICK campaign and it's not too late to support local young people. The new extension which will enable us to offer improved services to more young people across Gosport.



To donate please go to our website: www.motiv8south.org.uk
Facebook: [motiv8south.org](https://www.facebook.com/motiv8south.org) or text MOTV28 £10 to 70070 or go to Motiv8's VirginMoneyGiving page:
<http://tinyurl.com/njaxlae>.

Employment

"I have better skills to make choices and plan for my future."

Jack has just successfully completed his Supported Intern placement with Motiv8 and is now employed by Motiv8 as a trainee sessional support worker.

"I really enjoyed my internship and felt very supported. I particularly appreciate the training and guidance. Interacting with

young people and Motiv8 staff has helped with my communication skills and increased my confidence. I now find it a lot easier to talk to people who I don't know well and feel more willing to try new things and experiences. I have a better understanding of what my strengths are and better skills to make choices and plan for my future. I got a better understanding of how a company is run and what it is like to work for an organisation like Motiv8. I enjoyed the variety of different tasks including supporting the youth club and helping out with admin."

Jack joined Motiv8 Havant last September on placement through a programme run by South Downs College. Jack had previously accessed support from Motiv8 via our Youth Support Service Hub provision.

Helen Robinson, South Downs Supported Internship Programme Leader, says, "I just wanted to say a big thank you to the Motiv8 staff for being part of our internship pilot and working with Jack. It has been such a great opportunity for him and I know he is delighted to be working with you."

For more information about hosting a Supported Intern please contact Helen Robinson directly at South Downs College on 023 9279 7979



Education

"I have the confidence to do whatever I put my mind to."



people who experience a range of issues are referred to the service by the college and receive confidential one to one support with a trained Motiv8 member of staff. One student said, "I was anxious about my future but being able to talk this through with someone independent, has made me realise I have the confidence to do whatever I put my mind to."

Motiv8 Havant's Listening Ear service at South Downs College has been so successful in supporting students that it has been extended to run throughout the next academic year and will be increasing availability to five full days a week. For the past year Motiv8 Havant has provided a Listening Ear service as part of the comprehensive Wellbeing provision at South Downs College. Young

Community

"Partnership working brings opportunities to young people."

Sam Cofie has taken up the Havant services manager role. He has worked for Motiv8 for sixteen years and lives locally. "Partnership working brings great benefits to local young people and their community, from the weekly youth hub sessions and confidential health drop-ins, through to community projects such as Divert which focus on reducing anti-social behaviour. It was through the hub sessions in Waterlooville that we first met Jack. His progress [see above] shows how we successfully support young people into employment and bring life chances to young people across Waterlooville, Havant, Hayling Island and surrounding areas."

Please contact Sam on 023 9247 0484 to explore working together. Details of our Havant area hub and health sessions are at www.motiv8south.org.uk

